

### **CLINICS**

#### WellMind Clinic

3275 S Jones Blvd STE 103 Las Vegas, NV 89146 702-800-0684 www.wellmind.clinic hello@wellmind.clinic

### Las Vegas Premarital Counseling

3275 S Jones Blvd STE 103

Las Vegas, NV 89146

702-800-2401
engaged@LVpremaritalcounseling.com
LVpremaritalcounseling.com

#### **CERTIFICATES**

- Certificate in Expert Witness Testimony

  \* Harvard Medical School (2023)
- \* Global Mental Health: Trauma & Recovery Harvard Medical School (2021)
- \* The Flash Technique, Advanced Level Instructor: Phillip Manfield, PhD
- Writing Clinical Letters of Referral for Gender Affirming Medical Care (2022)

Eye Movement Desensitization &

Reprocessing (EMDR) Level I & II (2013)
Instructor: Phillip Manfield, PhD

### Graciela Yasmin Pacheco, MFT

DUAL STATE LICENSED PSYCHOTHERAPIST

#### STATE LICENSES

NV MFT License No. 4352-R

CA MFT License No. 90751

Marriage & Family Therapist (MFT) Mar

Marriage & Family Therapist (MFT)

#### **EDUCATION**

Master of Arts (M.A.) (2013) Counseling Psychology

The Wright Institute Magna Cum Laude Bachelor of Arts (B.A.) (2006)

Psychology | Spanish minor University of San Francisco (USF) Magna Cum Laude

### CLINICAL PRACTICE

### WellMind Clinic | Founder, Director

LAS VEGAS, NV | MAY 2022- PRESENT

- Clinical director and senior clinician of private psychotherapy clinic serving Nevada and California patients.
- Offering evidence-based individual, couples, family, and coparenting psychotherapy
- Specializing in PTSD and trauma treatment using EMDR
- Providing culturally-competent therapy for LGBTQIA+ individuals of color, addressing intersectionality and minority stress

# Las Vegas Premarital Counseling | Founder, Director Prepare/Enrich Certified Facilitator

LAS VEGAS, NV | SEPTEMBER 2022- PRESENT

- Administering and interpreting the PREPARE/ENRICH Premarital Counseling assessment
- Facilitating psychoeducational modules covering 12+ aspects of relational functioning including communication, conflict resolution, and intimacy.
- Offering couples weekend retreats in small groups

## East Bay Area Therapy | Founder, Director PINOLE, CA | JUNE 2016 - DECEMBER 2022

- Conducted comprehensive psychological evaluations for immigration cases
- Served as an expert witness in immigration court proceedings, providing testimony on psychological trauma in Latino and immigrant populations
- Provided culturally-competent therapy for LGBTQIA+ individuals of color, addressing intersectionality and minority stress
- Offered individual psychotherapy with a focus on trauma-informed care and Eye Movement Desensitization and Reprocessing (EMDR)

#### PUBLIC LECTURES

### SEXUAL ABUSE & EXPLOITATION IN DIVERSE POPULATIONS

Expert Trauma Panelist for Doctor of Psychology (PsyD) Graduate students John F. Kennedy University Pleasant Hill, CA

#### CAREERS IN PSYCHOLOGY Making Waves Academy Richmond, CA

### PSYCHOLOGICAL EVALUATIONS FOR LGBT ASYLUM SEEKERS

Oasis Legal Services Oakland, CA

#### POLYAMORY & CONSCIOUS NON-MONOGAMY IN COUPLES OF COLOR

Diablo Valley College (DVC) Pleasant Hill, CA

### POSTTRAUMATIC STRESS DISORDER IN OPPRESSED GROUPS

Diablo Valley College (DVC) Pleasant Hill, CA

### TREATMENT ISSUES: SCHIZOPHRENIA

Diablo Valley College (DVC) Pleasant Hill, CA

### COMMUNITY-BASED WORK WITH LATINO IMMIGRANTS

California State University East Bay (CSUEB)

Latino Social Workers Association Hayward, CA

### ALCOHOLISM, DRUG ADDICTION AND THE 12-STEP MODEL

La Clínica De La Raza: Dept of Mental Health Graduate Student Intern Program Oakland, CA

### ANXIETY REDUCTION STRATEGIES University of California Berkeley

(UCB) Berkeley, CA

### Graciela Yasmin Pacheco, MFT

#### DUAL STATE LICENSED PSYCHOTHERAPIST

#### Contra Costa County Adult Mental Health

2015 - 2016 | BEHAVIORAL HEALTH CLINICIAN II

- Provided screening, case management, psychotherapy, and financial management for severely mentally-ill adults
- Served Spanish-speaking clients and performed home/homeless encampment-based services
- Collaborated with a multi-disciplinary team including psychiatrists, nurses, and law enforcement officials

#### La Clínica De La Raza

#### 2013 - 2015 | BILINGUAL MENTAL HEALTH CLINICIAN II

- Specialized in serving the severely and persistently mentally ill adult Latino population
- Collaborated with psychiatrists and primary care physicians to support adherence to prescriptions and medication education
- Extensive experience providing case management and psychotherapy to stabilize schizophrenia, drug-induced psychosis, Bipolar I, Panic Disorder, and PTSD.
- Practiced evidence-based Trauma-Focused CBT (TF-CBT) with child victims of sexual assault and juvenile sexual offenders in the partnership with Child Protective Services (CPS)
- Provided crisis stabilization services in the ACCESS Crisis Stabilization Unit, receiving patients discharged from local psychiatric hospitals and Santa Rita County Jail.

#### Ray of Light Trauma Recovery Center

2013 - 2014

- Treated victims of violent crimes using evidence-based practices under California Victims of Crime Compensation Board program (CalVCP)
- Performed EMDR, mindfulness-based stress reduction, and other trauma-focused research-based methods
- Conducted psychological evaluations for immigration cases (U Visa, Asylum, VAWA, Extreme Hardship Waivers)

#### **Berkelev Christian Counselors**

MARCH 2011 - MARCH 2014 | STAFF CLINICIAN

- Provided trauma-focused and faith-based individual psychotherapy to undergraduate and graduate students at UC Berkeley from diverse backgrounds
- Practiced culturally appropriate and generational trauma-informed psychotherapy with Native American patients by incorporating tribal values and spiritual practice.
- Provided couple therapy with inter-cultural couples facing significant cultural clashes.
- Obtained comprehensive training in the PREPARE/ENRICH Premarital Counseling program and primarily practiced the program with Asian-American couples with arranged marriages.
- Designed, authored, and executed evidence-based group therapy

# EXPERT WITNESS COURT TESTIMONY

### Mexican Family Hardship in Removal Proceedings (2019)

Alejandra Rosero, ESQ San Francisco Immigration Court: Judge Charles Greene III

### Mexican Family Hardship in Removal Proceedings (2018)

Candela Nogueira, ESQ San Francisco Immigration Court

### Guatemalan Domestic Violence-Based Asylum in Removal Proceedings (2018)

Candela Nogueira, ESQ San Francisco Immigration Court

### Guatemalan Gang/Domestic Violence Asylum in Removal Proceedings (2018)

San Francisco Immigration Court Gerardo Vicuña, ESQ

### Mexican Family Hardship in Removal Proceedings (2017)

San Francisco Immigration Court: Judge Loreto Geisse Jakob Lipman, ESQ

### Guatemalan Asylum in Removal Proceedings (severe mental illness) (2015)

Sarah K. Heilbrun, ESQ San Francisco Immigration Court

### Graciela Yasmin Pacheco, MFT

DUAL STATE LICENSED PSYCHOTHERAPIST

### **MEMBERSHIPS**

American Psychological Association (APA)

California Association of Marriage and Family Therapists (CAMFT)

American Middle Eastern and North African Psychological Association (AMENA-Psy)

Trauma Recovery EMDR Humanitarian Assitance Programs (Trauma Recovery/HAP)